

Youth Recreation Flag Football



3rd-6th Grade Boys & Girls

*August 23rd — November 8th

**Dates and times subject to change*



FUNdamentals, fitness, sportsmanship, teamwork and skill development are the emphasis of this recreational flag football program. All levels of experience encouraged!

Practices: Days and times to be determined by the volunteer coach. One, 75 min, practice a week between 5:30-8:30pm.

Games: Saturdays from 1pm-8pm @ Mahany All-Weather Field

Fees: \$135/ \$125 Resident Discount

Class Code: 3rd/4th West: #67821 3rd/4th East: #67823
5th/6th West: #67824 5th/6th East: #67822
(There will be East and West Roseville practice options)

Player Evals: Please attend one. Saturday, August 23rd, at 9am or Tuesday, August 26th, at 6pm. Both evaluations will be held at Mahany All-Weather Field. Evaluations take approx. 60-90 min. Evaluations are not to make cuts from the program.

Equipment: Participants will receive a NFL Flag Football jersey, a set of flags, and mouth guard. Mouth guards are required to be worn at all practices and games. The Flag Football program uses equipment from the NFL.

Coaches Meeting: Mandatory meeting on Wednesday, September 3rd, 6:30pm-8:30pm at the Martha Riley Library Meeting Rooms.

For more information or to register please visit www.roseville.ca.us/parks or contact Roseville Parks and Recreation at (916) 774-5990.



Volunteer Coaches Needed!

If you are interested in becoming a volunteer coach contact the Parks and Recreation Department.



Youth Flag Football Frequently Asked Questions

What is the expectation of this program?

Our goal is to teach life lessons through teamwork, sportsmanship, active movement and skill development. This is a Recreational program and we stress this with all coaches and parents. Winning is not important, having FUN is.

What is the player evaluation process?

This non-competitive process, made up of various fun skill exercises, gives city staff the opportunity to loosely evaluate players based on ability and skill level. This is done in order to create teams as fairly and balanced as possible. You are strongly encouraged to attend but it is not required.

How are teams chosen?

Based on the evaluation outcomes of each participant, city staff creates teams of 8-12 as fairly and balanced as possible. The goal is to have diverse levels of skill and abilities on each team. It is okay for a team to be good and a team to be not so good, remember it is about Fun and not winning. Also, teams will be created based on the side of town you live on to assist with making practice locations closer to your home.

Can I make special requests?

Due to the volume of participants, special requests, such as playing with a friend, carpooling, requesting a specific coach or requesting to practice on a specific day or location will only be considered at player evaluations. There will be NO GUARANTEES that we will be able to fulfill these requests. This rule is necessary to offer an organized, fair and efficient program for all parents, participants and coaches. Coaches will be allowed to have their child and two (2) assistant coaches' children on their team.

How and when am I notified what team my child is on?

Approximately one week after evaluations, coaches will be given their teams. At this time, coaches are required to contact their players to notify them of their first practice time. If after a week and a half you have not heard from a coach please contact the Roseville Parks and Recreation Department, 774-5990.

How experienced are the coaches?

This program strongly relies on volunteer coaches. Without a volunteer coach, we may not have a team to place your child. Our coaches come with all levels of experience, from very knowledgeable to first timers. We do conduct a coaches training to provide practice plan ideas and game strategies. ALL COACHES ARE REQUIRED TO HAVE AN APPLICATION ON FILE AND FINGERPRINT CLEARANCE PRIOR TO COACHING WITH THE CITY OF ROSEVILLE.

How can I become a volunteer coach?

You may contact the Roseville Parks and Recreation Department at 774-5990 to inquire about becoming a volunteer coach. There are Volunteer Coach Packets at the front desk of the RSC and MCC.

Where will I practice?

Volunteer coaches choose their practice time, day and location based on their availability. Based on your registration we will try to place you on a team that practices closer to your home. However, there is a chance you may practice on the opposite side of town from where you live. Practices are one day a week for 75 minutes. Coaches are discouraged from practicing more than this; remember this is a recreation program.

Do I have to attend any parent or coaches meetings?

Coaches are required to attend the coaches' meeting. Coaches are provided the tools and educated on the expectations of the Youth Flag Football Program. Parents will not be required to attend a meeting this season.

Do we play in the rain?

Practices that are played on grass fields may be cancelled due to rain. Games played on the All Weather Field at Mahany Park will not be cancelled. Kids love the rain! The exceptions include lightning and hail.