



WELCOME!

Adventist Health and the Roseville Healthy City Coalition are proud to sponsor Roseville's 2015-2016 Holiday Community Needs booklet to assist in your charitable giving for the 2015 Holiday Season. Inside you will find the holiday needs of numerous nonprofit agencies that serve people in the Roseville area. We hope you find the booklet a helpful resource, not only during the holidays, but also throughout the year.

Roseville Healthy City Coalition's Vision: The future of Roseville will rest on an uncompromising commitment to enhancing the quality of life and health of our community. Health is the state of well being. It is created by the balance of body, mind, and spirit, not merely the diagnosis and treatment of disease.

Good health embodies an exchange of rights and responsibilities between individuals and their community. Consequently, an informed, motivated, and actively participating community is vital to achieving our goal of a healthy Roseville. Ultimately, each person is responsible for their own health habits, as well as for promoting the health of others.

We, the people of Roseville, inspired by our vision of health, pledge ourselves to implement a wide range of economic, social, and environmental actions. These actions will be directed at strengthening individuals, families, and neighborhoods.

Adventist Health's Mission Statement:
To share God's love by providing physical, mental and spiritual healing.

Adventist Health's Vision:
Adventist Health will be a recognized leader in mission focus, quality care and fiscal strength.

Adventist Health's Values:
At Adventist Health we value:

- **Compassion** The compassionate, healing ministry of Jesus
- **Respect** Human dignity and individuality
- **Integrity** Absolute integrity in all relationships and dealings
- **Quality** Excellence in clinical and service quality
- **Stewardship** Responsible resource management in serving our communities
- **Wholeness** The health care heritage of the Seventh-day Adventist Church
- **Family** Each other as members of a caring family

HOW TO USE THIS BOOKLET

Please look through the booklet to determine which needs can best be met by your organization or employee group. When you have selected an agency, call the person listed for that agency and **tell them you saw their needs published in this booklet.** They will then work directly with you to coordinate your gift.

The needs have been put into eight categories. They are:

- ❖ Adopt-a-Family
- ❖ Christmas Baskets/Food Drives
- ❖ Christmas Party
- ❖ Gifts
- ❖ Special Holiday Volunteer Needs
- ❖ Toy Drive
- ❖ Very Special Holiday Needs
- ❖ Other Year-around Needs

QUESTIONS?

If you have any questions about this booklet, or know of an agency in the Roseville area that is not included in this booklet and might like to be included next year, please call **Justin Ortin at 916.774.5207** or **Bonnie Casebolt at 916.781.4760** at your earliest convenience. We appreciate any information you can provide.

TABLE OF CONTENTS

ABUNDANT LIFE FELLOWSHIP.....	4
BIG BROTHERS BIG SISTERS	5
A COMMUNITY FOR PEACE.....	6
COMMUNITY RECOVERY RESOURCES	8
EXCEL ROSEVILLE	10
KIDS FIRST.....	13
MILITARY CONNECTION MINISTRY	15
PLACER SPCA.....	16
ROSEVILLE HOME START, INC	18
ST. VINCENT DE PAUL SOCIETY.....	19
SENIORS FIRST	21
SIERRA MENTAL WELLNESS GROUP	22
STAND UP PLACER.	24
TEENAGE PREGNANCY & PARENTING PROGRAM	26
UCP OF SACRAMENTO AND NORTHERN CALIFORNIA.....	27
WHAT WOULD JESUS DO? INC.....	28

ABUNDANT LIFE FELLOWSHIP (Adopt-A-Block Program)

The Adopt-A-Block Program is comprised of a group of people who meet twice a week and go door-to-door meeting many different needs in a specific community. These people are then invited to the Christmas production put on by Abundant Life Fellowship.

Agency Contact: Becky Milton
Contact Phone Number: **(916) 783-1989, ext. 104**

CHRISTMAS BASKETS

Number of individuals: 200 families
Christmas Baskets: Non-perishable food items

GIFTS

Number of Individuals: 400 (300 children, 100 teenagers)
Types of Gifts: Toys for boys and girls. We are always in need of older children's toys (ages 8+).
Comments: We would like to provide every family from our program a gift when they leave our Christmas production. It is open to everyone in the community.

TOY DRIVE

Number of Children: 500 (infant to 13 years of age)
Types of Toys: Dolls, toy cars/trucks, biblical toys and gifts, games, Barbie dolls, sports equipment (balls, etc.)
Comments: We are trying to provide a toy for each child we bus in to our Christmas production.

BIG BROTHERS BIG SISTERS

Big Brothers Big Sisters is a non-profit agency serving Sacramento, South Placer, Yolo, Yuba/Sutter, and San Joaquin counties. Big Brothers Big Sisters matches children (ages 8-14) with mature adults for one-to-one friendship, support, and guidance. Children enrolled are primarily from single parent families and are in need of additional positive adults in their lives. This service is free. The organization is continually looking for adults to become Big Brothers or Big Sisters. Additional ways to make a difference are to provide volunteer hours, corporate gifts, donations and planned giving. There are currently 203 children matched, with about 73 children waiting to be matched.

Agency Contact: Shavonne Powell, Program Director
Contact Phone Number: **(916) 646-9300 ext. 111**

HOLIDAY GIVING

Food Baskets: Christmas dinner - turkey, stuffing, cranberry sauce, potatoes and juice.

Gifts/Toys: Clothes- sweats, pants, sweatshirts, jackets, etc. Toys, board games, videos, etc.

Comments: We have a few families that will not be able to provide a child with any Christmas. They can also use blankets and bedding.

GIFTS

Number of Children: 203 matched; 87 waiting; 36 children in enrollment process.

Age Range: Ages 8-15.

Types of Gifts: Need (new and unwrapped): Shoes, winter clothing items (socks, coats, sweats), toys (Barbie dolls, Legos, WWE action figures, music sets, Ninja turtle, etc.), bikes, books, movies, school supplies, ear buds..

Comments: We will be having an annual Holiday Party. It would be an added contribution if we were able to provide gifts to the children that attend.

YEAR-AROUND NEEDS

Special Needs: We are in need of consistent big brothers. We have 26 boys waiting to be matched to a big brother and 10 girls waiting to be matched to a big sister. We need girls and boys for our Elk Grove Partnership.

A COMMUNITY FOR PEACE **(Formerly The Domestic Violence Intervention Center)**

Our Mission Statement is to end all forms of violence to women and girls, men and boys, and to promote PEACE in our homes, schools and our communities.

Following is a brief list of the Free and Unlimited services we offer:

- 24-hr crisis line
- 24-hr emergency shelter in a safe home (women and children)
- Education on types of abuse, abusers, victims, red flags, domestic violence, family violence, elder abuse
- Free counseling – one-on-one and group setting
- Counseling and referrals information for social services and referral links
- Legal advocacy and support in the courts and custody mediation/ exchange
- Employment assistance and advocacy
- Relocation assistance, household items and housing assistance
- DVRT – Domestic Violence Response Team First Responder and DVRT OnCall for law enforcement and CPS
- Youth violence and trauma prevention programs: re-Direct Juvenile Division for Violence Prevention; Smart and Strong self-awareness/self-defense training for girls 13-17 and women
- Community Education & Professional trauma Informed Domestic Violence Training

Agency Contact: Nancy
Contact Phone Number: **916-728-5613 ext, 704**
Crisis Line: 916-728-7210 (emergency only)
Email: Admin@ACommunityForPeace.org

HOLIDAY GIVING

Gifts: Toys and clothes for all ages and genders. Specifically 8-16 years old.

YEAR-ROUND NEEDS

Gift Cards: Food gift cards, i.e., Sam's, Target, Wal-Mart, Safeway

A COMMUNITY FOR PEACE -- Continued

SPECIAL NEEDS

- Childcare Center: Art supplies, school supplies, diapers (infant to toddler)
- Safe Shelter: Laundry soap, blankets, clothes for women, men, children and babies—all sizes; hygiene products: bath wash, shampoo, hair brushes, toothpaste, tooth brushes; non-perishable food & products.
- Financial Donations: Financial donations are tax deductible and may be made at www.ACommunityForPeace.org
Donations allow us to offer all our services free of charge to everyone in need.
- Foundation memberships at:
foundation@acomunityforpeace.org

Community Recovery Resources (Northern California Drug and Alcohol Treatment Services)

Community Recovery Resources (CoRR) is a non-profit organization. Our mission is to provide a full spectrum of programs focused toward reducing the social, health, and financial impact on our families and children from all types of drug abuse. CoRR has been saving and improving lives through substance abuse treatment and mental health services since 1974. Growing over the years to meet the needs of the community, CoRR now provides a full range of programs throughout Northern California communities in Placer and Nevada Counties. All of our programs have a primary focus on the family system. Please help Community Recovery Resources make a difference this holiday season.

Agency Contact: Kimberly Egan
Contact Phone Number: **(530) 885-1961 ext 106**
Email: kegan@corr.us

ADOPT-A-FAMILY

Number of Families: 30

Food Baskets: Thanksgiving and/or Christmas Dinner

Gifts/Toys: Clothing and toys appropriate for the child's age (please contact us for a listing)

Comments: Community Recovery Resources supports many families in need. We are looking for individuals and businesses that are willing to adopt one or a few of our families this holiday season. All families are in the low-income range and are not able to provide a large holiday meal or presents for their children. Many of the gifts we are requesting are basic clothing needs.

ADOPT-A-ROOM

Number of Rooms: 10 rooms (30 beds)

Comments: Community Recover Resources' Auburn campus residential treatment center needs your help to renovate the facility's bedrooms. Each room needs a complete renovation of furnishings including a bed, sheets, bed-spread, dresser, closet, paint and carpet. The room may be dedicated to honor an individual and/or business.

Community Recovery Resources --Continued

Donations for individual pieces are also available. Our residential treatment services are for individuals seeking recovery from the devastation of drug addiction. It helps them begin to live a healthy lifestyle and provides family and community support. Many individuals we serve would otherwise be unable to access treatment services on their own.

EXCEL ROSEVILLE

Excel Roseville is not just an organization it is a family. It is a place of hope for every child that walks through its doors. It provides light into every youth's life giving them a chance to dream big. Our mission is to sustain a healthy, stable environment that makes available to the children of the neighborhood a community center that provides educational, recreational and social services at no cost, in a positive atmosphere that will allow disadvantaged at-risk children to reach their full potential. In doing so, we create a positive impact on their lives now, and for the future.

Agency Contact: Tamika Bennett, Executive Director
Contact Phone Number: **(916) 789-7884**
Email: tamika@excelroseville.org
Website: www.excelrosevillerec.org

TOY DRIVE

Number of Children: 150 – 250

Number of Adults: 60 – 100

Age Range: 0-17 years

Toys and Gifts Needed: Movie DVDs: Disney, comedy, kid approved movies
Balls: soccer, football, basketball and big bouncy balls
Dolls: Barbie, Dora, and baby dolls and any accessories
Action figures, animal figurines, play kitchen sets and

dishes

Play tool sets and accessories, locks for bikes, helmets
Scooters, toy trucks, cars, planes, remote control cars
Bikes, skateboards, books, crayons, coloring books, crafts
Board games, computer games, video games, MP3, ipods
USB drives, purses, jewelry, makeup, perfumes, art
supplies, jump ropes
Jerseys from sport teams: Kings, Forty-niners, Raiders
Gift cards (all varieties)
Clothing (all ages)

Comments: This is our biggest need! We served over 50 families which included over 200 children in 2014. Excel Roseville has worked diligently to provide for the community youth. We feel that Christmas time is a time of year we can show compassion and put a smile on a child's face. These are items many ask for but the parents can not afford. Without community help many children and families would go

without Christmas presents under the tree.

EXCEL ROSEVILLE -- Continued

ADOPT-A-FAMILY

Number of Families:	150 served in 2014
Food Basket:	Enough food for a Christmas or Thanksgiving dinner
Gifts:	Two to three gifts for each child and one for each adult. Gift cards are always appreciated.
Comments:	Gift cards, stockings and stuffers, Christmas trees and ornaments are always nice. With permission from family you can deliver.

THANKSGIVING BASKETS/FOOD DRIVES

Number of Singles:	40
Number of Families:	150
Needs:	Turkey, hams, canned foods, meats, fruit, snacks, etc. We use this food to provide baskets for families who did not get adopted. We try to give enough food for three days.
Comments:	We also provide dinner for 40-60 children every night during the year in our after school program. We depend on the holiday food drive to sustain us throughout the year.

CHRISTMAS PARTY

Location:	313 High Street, Roseville (December date TBD)
Refreshments:	Dinner (could be finger foods), cookies and punch.
Gifts:	Age appropriate gifts for all children ages 3-17
Decorations:	A Christmas tree and other decorations at Excel Roseville
Comments:	This party will be planned by the teen leadership group in conjunction with Community members.

EXCEL ROSEVILLE -- Continued

SPECIAL HOLIDAY VOLUNTEER NEEDS

Comments: We are looking for people who would:

1. help pass out baskets
2. pick up donations
3. help with outreach and Newsletter
4. be warehouse sorters/packers
5. wrap gifts and decorate

OTHER YEAR-AROUND NEEDS

Categories: Fundraisers, holiday parties, art, community garden
Summer day camp, field trips

Volunteers Needed: To help implement Excel Roseville programs such as:

1. Cooking classes
2. Prepare daily meals
3. Art classes
4. Gardening and maintenance
5. Outdoor activities
6. Tutoring Homework Club
8. Fundraising
9. Administration or secretarial
10. Web page and computer administration

Special Needs: Outdoor equipment for youth (soccer balls, etc.)
Games
Computers
Bottled water, juice, Capri sun, fruit cups
Plastic utensils and paper products (paper plates
paper cups, napkins, paper towels, toilet paper)

Gifts for Excel: School supplies, outdoor play equipment, gardening tools, flat screen TV. If you would like to donate or get a bigger list of our needs please email us at:
tamika@excelroseville.org

Comments: Excel Roseville needs your help in providing the tools to continue programs. We provide all services free to the community and we depend on donations, grants and fundraisers.

KIDS FIRST

Roseville Family Resource Center (RFRC)

The mission of *KidsFirst* is to end child abuse and neglect through outreach, prevention and intervention. *KidsFirst* changes lives and protects children by providing parents with the tools they need to cope with stressors that can lead to harming a child. *KidsFirst* is dedicated to seeing that all children live in a safe, healthy and nurturing home. Our no-cost services include comprehensive family support services, health insurance enrollment, Kinship counseling, Parent and Baby Wellness Program, Parents as Teachers parent educator's program, financial stability assistance, and parenting classes which include Incredible Years and Active Parenting of Teens. KidsFirst also offers information and referral assistance for services not offered in-house.

Agency Contact: Antoinette Manuel, Volunteer Services Coordinator
Contact Phone Number: **(916) 724-5073**
Alternate Number: (916) 774-6802

HOLIDAY GIVING & YEAR-AROUND NEEDS

Gifts & Supplies: Board games (family type): Clue, Monopoly, Battleship, Connect Four, Chutes and Ladders, Candyland, Jenga, Apples to Apples, Hi Ho Cherry-O

Lego (Brand)

Play-Doh (Brand)

Arts and crafts supplies – tissue paper, glue, scissors, construction paper, paper plates, Popsicle sticks, stickers

Food service gloves

Paper goods – Dixie cups, paper plates, paper cups, napkins

Puzzles (educational and just for fun and child appropriate)

Bath and body products—soap, shampoo, conditioner, toothpaste, deodorant

Diapers—all sizes (especially sizes 4, 5 and 6)

KIDS FIRST – Continued

Baby wipes, baby shampoo, baby lotion

Clothes—Infant and school age jackets, sweaters, pants, socks and shoes, fall clothing for both boys and girls in sizes 12 mo through size 4.

Homework Club Supplies – fruit snacks, 100% juice boxes, crackers, educational books, paper, pencils, notebooks

Gift cards from Target or WalMart

bottles,
Parent Leadership Academy Supplies: coffee, water coffee cups, napkins, creamer, stirrers, crackers, snacks

MILITARY CONNECTION MINISTRY

Troops from the area who are serving in harm's way receive care packages twice a year in appreciation of their heroic sacrifices in protecting our freedoms. This ministry sends multiple care packages to each service member so they can share them with others in the field.

Contacts: Greg Van Dusen or Shannon Holt
Email: gregvandusen@gmail.com or shannon_holt1@yahoo.com

HOLIDAY GIVING

Donations: Purchase items for care packages. Suggested items:

Granola Bars, Power Bars	Cough drops
Beef or Turkey Jerky	Chewing Gum, Tic Tacs
Ground Coffee	Tooth brush, toothpaste (travel size)
Trail mix (small bags)	Dental floss
Sunflowers seeds, nuts	Foot powder (personal size)
Crackers (small packages)	Shampoo, conditioner (travel size)
Drink Mixes like Crystal Lite.	Lotion (travel size), shower gel
Gatorade, Propel, etc.	Disposable razors
Canned fruit (no plastic cups)	Sanitary wipes (travel size)
Canned tuna and chicken	Lip balm
Jelly beans, hard candy, etc.	Playing Cards
Fruit roll-ups, licorice, etc.	One gallon Ziploc-type bags

Cash Gifts: Help cover part or all of the shipping cost - \$13 per package

Assembly: Join in the Care Package Assembly Party to be held in early December at Bayside Blue Oaks campus (Blue Oaks and Hwy 65)

Names Needed: If you have a friend or family member serving, sign them up to receive care packages.

YEAR-ROUND NEEDS

Care Packages are assembled and mailed in early summer as well. Collections typically take place in May and June. Contact Greg or Shannon for additional details.

PLACER SPCA

A History of Compassion, A Tradition of Excellence

For 40 years, the Placer SPCA has reunited lost pets with their owners, enabled struggling families and individuals to keep their pets when times are tough, and matched homeless pets with those searching for a companion. The Placer SPCA is the largest and most comprehensive animal welfare provider in Placer County. As a critically needed not-for-profit organization, the Placer SPCA shelters approximately 4,000 homeless animals annually between their three locations: the Placer Companion Animal Center in Roseville, the Pet Adoption and Resource Center in Auburn and the Pet Food Express Cat Adoption Center at Fountains in Roseville. Stray, abandoned, owner-surrendered, injured and ill pets are cared for and sheltered at these three locations. Impressively, the Placer SPCA's behavioral, educational and assistance programs have been instrumental in supporting the human-animal bond, enabling beloved pets to remain with their families and out of area shelters.

Agency Contact: Susan Willson
Contact Phone Number: **(916) 782-7722, ext. 102**
Website: www.placerspca.org

CHRISTMAS BASKETS/FOOD DRIVES

Number of Pets: 50 dogs / 100 cats
Comments: Dry and canned kitten and cat food (Science Diet brand preferred).

CHRISTMAS PARTY / HOLIDAY OPEN HOUSE

Location: 150 Corporation Yard Road, Roseville
Date: December 3, 5:30 - 8:00 p.m.
Gifts: Canned kitten and dog food, dry kitten, cat or dog food (Science Diet brand preferred) sturdy dog and cat toys, blankets (new or gently used), monetary donations, clay cat litter, dog treats, heating pads, kitten baby bottles, dish soap, (KMR) Kitten Milk Replacement Powder, creamy peanut butter and Gift Cards from CostCo and local pet supply stores.
Comments: Be our guest and celebrate the holidays with your fellow animal lovers. Join us for a fun community open house with hor d'oeuvres, baked goods, beverages, raffle prizes and more!

PLACER SPCA -- Continued

TOY DRIVE

Number of Pets: 50 dogs / 100 cats

Types of Toys: Sturdy dog and cat toys

VERY SPECIAL HOLIDAY NEEDS

Needs: Cage sponsors - \$1,000, \$500 or \$250 for dogs or cats/
critters (comes with recognition plaque for one year on
kennel/cage)

Guardian Angels - \$5 - \$5,000 to help with special medical
needs

SOS Emergency Fund donations of any amount to help
keep people and pets together

ROSEVILLE HOME START, INC.

The goal of Roseville Home Start is to successfully transition homeless families into affordable, sustainable, permanent housing and self-sufficiency. This is to be achieved through the development of a system of housing and support services that is comprehensive, flexible, accessible, and accountable.

Agency Contact: Kayla Day
Contact Phone Number: **(916) 782-6667**
Contact Fax Number: (916) 782-5849
Email: Kday@rosevillehomestart.org

WELCOME BASKETS

Laundry Baskets: Filled with laundry detergent, paper towel, toilet paper, dish soap, toilet brush, Lysol, garbage bags, sponges and any other cleaning supplies.

If your group could put together six baskets every three months that would be helpful. We could arrange pick up at your location, if necessary.

VERY SPECIAL HOLIDAY NEEDS

Special Needs: Umbrellas, jackets, sweatshirts (S – 2XL) or gifts cards for WalMart, Target or Kohl's to purchase appropriate sizes. Men's underwear sizes M-2XL, women's underwear S-XL, women's boots 6-9 and TV converter boxes and antennas

ADOPT-A-FAMILY

Number of Families: 25

Food Baskets: Non--perishable food items such as canned fruits, vegetables, tuna, chicken, peanut butter, jelly, etc.

Toys: Age appropriate toys for ages 3-15. New, educational board games, card games, crafts kits and journals.

Comments: Gift certificates (for clothing, books, food, diapers, etc.) from: Wal-Mart, Target, Barnes & Noble, grocery stores, etc.

ST. VINCENT DE PAUL SOCIETY

This agency provides a dining room, food lockers, and emergency services to those in need.

Agency Contact: Patty Dominguez
Contact Phone Number: **(916) 781-3303**

ADOPT-A-FAMILY

Number of Families: 20
Food Baskets: Full Christmas dinner with dessert.
Gifts/Toys: Clothing and toys appropriate for the child's age.
Comments: Please call for ages and sizes.

CHRISTMAS BASKETS/FOOD DRIVES

Number of Families: 50
Food Baskets: Canned goods for Christmas dinner baskets and candy for stocking stuffers.
Comments: These are for Christmas baskets to provide food for Christmas dinners plus a couple of extra days.

TOY DRIVE

Number of Children: 100
Age Range: Newborn to 17 years.
Types of Toys: Any new toys for boys and girls of all ages, large or small.
Comments: Please mark the items "boy" or "girl" plus what age it is appropriate for. Teenagers tend to be forgotten.

ST. VINCENT DE PAUL SOCIETY -- Continued

VERY SPECIAL HOLIDAY NEEDS

toothbrushes,

Needs: Hygiene kits, razors, combs, shampoo, soaps, socks, blankets and sleeping bags

Needs: We provide a hot Christmas dinner with all the trimmings for anyone who comes, young and old. We are in particular need of turkeys, hams, potatoes, rolls, canned fruit and vegetables, stuffing mixes, and pies this Holiday Season.

SENIORS FIRST

We are a nonprofit, community-based agency serving Placer County seniors, their families and their caregivers. Our Mission is: To provide long-term support and services to help Placer County older adults maintain their independence and thrive. To that end we provide the following services on a year-around basis:

- SENIOR NUTRITION PROGRAM – 8 Senior Cafes
- MYMEALS - Home Delivered Meal Program
- TRANSPORTATION PROGRAMS
 - Door to Door Rides (errands)
 - Health Express (medical transportation)
- INFORMATION & ASSISTANCE
- FRIENDLY VISITOR PROGRAM – Volunteers needed
- HOME MODIFICATIONS & SAFETY REPAIRS
- Out-of-Home HOUSING PLACEMENT OPTIONS
- DEMENTIA & ALZHEIMER’S WORKSHOPS
 - Provides a break for caregivers and social interactions for seniors living with disabilities. Two locations operate Monday-Friday 9AM-1PM.
- VOLUNTEER OPPORTUNITIES
 - Volunteer Drivers needed for Transportation Program and MyMeals.
 - Friendly visitors and experienced grant writers also needed.

Agency Contact: Jamee Horning
Contact Phone Number: **(530) 889-9500 ext 222**

SPECIAL HOLIDAY NEEDS

Special Needs: Fresh Mandarins, lap blankets, slip-free slippers and socks, magnifying glasses, children-made Christmas cards, knit hats, night lights, gloves, lights with timer or auto shut off, robes, gift cards, supermarket cards

Comments: We provide a small gift to each of the seniors we serve. For some, it is the only gift/greeting they receive

YEAR-AROUND NEEDS

Fundraiser: Organize & orchestrate a fundraiser for Seniors First

Volunteers: Volunteer for one of our programs, volunteer in our office

Ongoing Needs: Gas cards, grocery cards, funds

Wish List for Office: Gas cards, grocery cards, cash donations

SIERRA MENTAL WELLNESS GROUP

This agency provides service to very low income families. Please contact the agency if you would like to find out more about their services.

Agency Contact: Jon Kerschner
Contact Phone Number: **(916) 783-5207**
Contact Email: Jon1@sierramentalconwellness.org

ADOPT-A-FAMILY

Number of Families: 10

Gifts: Christmas tree, Christmas lights and/or decorations, blankets, soaps, toothbrush, toothpaste, shoes, socks, sweatshirts/sweatpants (sizes small to 3XL), shaving cream, razors, gloves, knit caps, books, gift cards.

Toys: Toddler toys, educational toys, Barbie dolls, dolls, trucks, Lego's, nail polish, make-up, gift certificates, gift cards, books, balls.

Comments: The majority of our clients are low income so any donation, big or small, to help this holiday season would be very much appreciated.

CHRISTMAS BASKETS/FOOD DRIVES

Number of Families: 25

Food Baskets: Christmas dinner, including dessert and a beverage (no alcohol please). Some of our families do not have the means to prepare a meal, so a pre-cooked meal from Raley's, Safeway, etc., would be wonderful.

Comments: The majority of our clients are low income so any donation, big or small, to help this holiday season would be very much appreciated.

SIERRA MENTAL WELLNESS GROUP -- Continued

OTHER YEAR-AROUND NEEDS

Comments:

Gas or grocery cards needed. We also need non-perishable food items, backpacks, toys, games and dress-up items for our play therapy room and/or any donation to go towards our Scholarship Fund to help cover the costs of counseling for those that cannot afford it. These items would be helpful in meeting the needs that our clients struggle with throughout the year.

STAND UP PLACER

Stand Up Placer provides comprehensive services to Placer County victims of domestic violence and sexual assault. Our services include a 24 hour crisis line, an emergency shelter for battered women and their children, and victims' service centers in Auburn and Roseville. We provide individual, group and family therapy, case management, legal advocacy, court accompaniment, hospital accompaniment for sexual assault victims, and referrals to other resources. We lead violence prevention education efforts in Placer County with programs for schools, faith traditions and workplaces.

Our Mission: To end the legacy of abuse by providing survivors of domestic and sexual violence with services and resources, and to foster communities where abuse is not tolerated.

Agency Contact: Laura Chavez, Project Coordinator
Contact Phone Number: **530-823-6224**

VERY SPECIAL HOLIDAY NEEDS

Describe special needs:

1. Robes for women, teen girls and boys (all sizes)
2. Pajamas and slippers for boys and girls (all ages)
3. Underwear and socks for boys and girls (all ages)
4. Sweat suits for women, men, boys and girls
5. Gifts/toys for boys and girls—especially teens
6. Household supplies and linens
7. Kitchen goods—plates, silverware, pots and pans

Comments: Women and children staying in our safe house fled from an abusive environment and left behind most of their possessions. Gifts that help them to re-establish themselves are very special.

CHRISTMAS GIFTS

Number of Children: 30
Number of Adults: 25

Gift cards: Any store card, such as Target, Ross, Home Depot, KMart, Grocery Store cards
Bus passes for Roseville, Auburn and Placer Transit
Gasoline cards

STAND UP PLACER-- Continued

CHRISTMAS BASKETS/FOOD DRIVES

Number of Families: 29

Food Needs: Disposable roasting pan
Foil, storage bags
Turkey and gravy
Ham
Side dishes (potatoes, green bean casserole, rolls, etc.)
Dessert

YEAR-AROUND NEEDS

Personal Care: Bath/hand towels, washcloths, pillows, sheets, crib sheets

Toiletries: Tissues, shampoo, conditioners, soap/body washes, new hair dryers, curling irons/flat irons, brushes and combs

Cleaning Supplies: Bleach, floor cleaners, Windex, dish soap, Lysol, disposable rubber gloves, carpet cleaner, toilet paper

Volunteer Needs: Crisis Line
Child care
Legal advocacy
Support groups
Sexual Assault Response Team
Special events

Personal Needs: Journaling books, day planners, alarm clocks

Baby Needs: Diapers—all sizes, baby wipes, large diaper bags, baby powder/lotion, crib bedding, playpens, strollers

Comments: Women are most vulnerable to domestic violence when they are pregnant or when leaving their abuser. Five babies came home from the hospital to the Safe House this year.

TEENAGE PREGNANCY AND PARENTING PROGRAM

The Teenage Pregnancy and Parenting Program provides ongoing comprehensive case management to pregnant and parenting teens to improve parenting skills and promote positive health outcomes.

Agency Contact: Joanne Evans
Contact Phone Number: **(530) 889-7151**

ADOPT-A-FAMILY

Number of Families: 5+

Food Baskets: Traditional holiday meal foods, canned goods, baby food formula, or meal gift certificates from a local grocery store.

Gifts: Personal care items, such as bath products, lotions, day planners, jewelry and gift certificates for local stores.

Toys: Age-appropriate infant, toddler and preschool toys (prefer no battery-operated or violent toys).

Comments: Clothing for winter (birth to 3 years and 14 to 19 years), strollers, high chairs, and diapers in all sizes.

GIFTS

Number of Individuals: 25 teens, ages 14-19 years (males and females)

Type of Gifts: Personal care items, books, clothing, new or gently used high chairs or strollers, diapers in all sizes, baby formula, baby food, blankets and other household items.

TOY DRIVE

Number of Children: 25 (birth to 3 years of age)

Type of Toys: New educational toys, books, and games

Comments: No guns, knives, or other "violent" toys.
Toys that don't have batteries usually get used longer.

UCP OF SACRAMENTO AND NORTHERN CALIFORNIA

Life without limits for people with disabilities

UCP of Sacramento and Northern California is the leading provider of comprehensive services to children and adults with all developmental disabilities and their families. UCP works with 4,775 people a month in an eight county area, empowering children and adults who – without support – would be isolated from community.

UCP provides a layer of programs and services to children, adults and their families including a day program in Auburn, respite care to families with a family member having a developmental disability, horsemanship program and an independent living program for adults. It is committed to a quality service delivered in the safest manner possible.

Agency Contact: Eric Ciampa, Chief Operating Officer
Contact Phone Number: **(916) 565-7700**
Web site: www.UCPSacto.org

VERY SPECIAL HOLIDAY/YEAR-AROUND NEEDS

Special Needs:

- Give parents and other caregivers looking after a child with disabilities the chance to run errands, take a break or relax with other family members--\$25
- Provide support for an adult with disabilities to connect to community--\$50.00
- Pay for a week of sessions at the UCP Autism Center for Excellence--\$150.00

WHAT WOULD JESUS DO?, INC.

WWJD is a unique ministry to the homeless operates as a 501(c) 3 organization. We have three mobile vans staffed with volunteers who provide food to the homeless in Placer County. The Roseville van serves a hot breakfast meal six days a week, while the other two vans provide breakfast and food supplies several days a week to the homeless in Auburn, Colfax and Foresthill. Additionally, volunteers with social work skills help homeless people connect with social services and programs that assist them in overcoming homelessness. We are a 100% volunteer organization with no paid employees.

Agency Contact: Kathy Kossick
Contact Phone Number: **(916) 223-6990**

CHRISTMAS BASKETS/FOOD DRIVES

Number of Individuals: 80

Christmas Baskets: A backpack stuffed with gloves, socks, a hat, rain poncho, shampoo, toothpaste, toothbrush, razors, non-perishable snacks and/or a fast food gift card.

Year round ongoing needs include tents, tarps, sleeping bags, jackets, tennis shoes, sweatshirts (dark colors, large, X-large), non-perishable canned foods, and monetary donations.

Comments: We would like to give a Christmas backpack to each homeless person we serve on Christmas.