

**Senior Commission Meeting
Maidu Community Center
1550 Maidu Drive, Roseville, CA, 95661**

Wednesday, May 13, 2015

MEETING MINUTES

I. CALL TO ORDER

Commissioner Penny Beingessner called the meeting to order at 2:00pm.

II. ROLL CALL

Present:

Commissioners: Penny Beingessner, Linda Braak (arrived at 2:33pm), Marlene Cristanelli, Gopal Kapur, Jim William

Absent: Ann Walker

Guests: Bobbi Knapp, Brooke Whitlock, Marjie Lundstrom, Jean Bullock, Jenny Caracciolo

Staff: Roni Garrison, Alexa Pritchard

III. PLEDGE OF ALLEGIANCE

Commissioner Marlene Cristanelli led the pledge.

IV. WELCOM & INTRODUCTIONS

Commissioner Penny Beingessner welcomed everyone to the meeting.

V. APPROVAL OF MINUTES

February 11, 2015 Meeting Minutes were approved as written. Motion by Commissioner Williams, Seconded by Commissioner Cristanelli. 4 Ayes.

March 18, 2015 Workshop Minutes were approved as written. Motion by Commissioner Williams, Seconded by Commissioner Kapur. 4 Ayes.

VI. PRESENTATIONS

- a. Brooke Whitlock with the Ombudsman Services of Northern California did a presentation to the Commission about the Ombudsman program and the need for improved reporting of incidents at nursing care and residential care facilities. She also shared the Patient Care Rights and a Quality Assurance Checklist for Facilities. She encouraged the Commission to spread the word about Ombudsman volunteer program, since there is currently only 6 Ombudsman in Placer County.
- b. Marjie Lundstrom, a reporter with the Sacramento Bee, also presented to the Commission. Marjie message was the Commission should concentrate on helping consumers needing the services of nursing and residential care facilities be educated consumers. She provided several websites as resources.
- c. The Commission appreciated the information presented and felt that the consumer education workshop and resources was a great start for the Commission to work towards.

VII. CORRESPONDENCE

- a. Email from Brian Parry regarding the Press-Tribune editorial referencing the City's Age Friendly City Report. Alexa Pritchard shared the recently published editorial with the Commission and shared she would be sending a thank you to Brian on behalf of the Commission.

VIII. ELECTION OF COMMISSION OFFICERS 2015

- a. Commissioner Cristanelli nominated Penny Beingessner for Chair. Seconded by Commissioner Walker. 5 Ayes.
- b. Commissioner Cristanelli nominated Linda Braak for Vice Chair. Seconded by Chair Beingessner. 5 Ayes.

IX. OLD BUSINESS

- a. Workshop Review & 2015 Goals and Objectives – The Commission confirmed that the Goals and Objectives outlined were what they agreed upon from the workshop.
- b. Review of 2015 Work Plan – Alexa Pritchard shared the draft of the work plan arranged around each of the three goals. Alexa Pritchard also suggested that the Commission create Ad-Hoc Committees for each of the Goals and those committees work through the work plan. Committees would then report back progress to the full Commission at the August meeting.
Goal #1 – Develop and Implement a Communication Plan - Commissioners Braak and Kapur volunteered to be on this Ad-Hoc Committee.
Goal #2 – Investigate the issues surrounding nursing and assisted living facilities to see the role of the Senior Commission may have in affecting change - Commissioners Cristanelli and Williams volunteered to be on this Ad-Hoc Committee.
Goal #3 – Host an open house with public and non-profit organizations that provide services/programs to senior - Commissioners Beingessner volunteered and Commissioner Walker was assigned to be on this Ad-Hoc Committee.
- c. Number of Meeting Discussion – this item was tabled, since the ad-hoc committees have been formed there may not be a need for more meetings. The Commission will reevaluate at a later date.

X. NEW BUSINESS

- a. Vacant Commission Position – Please help spread the word. Applications are currently being accepted at through the City Clerk's Office.

XI. ORAL COMMUNICATIONS: PUBLIC/COMMISSION/STAFF

- a. Roni Garrison shared information about the new adult membership program that will be rolled out soon, also about the first new van trip going to the River Cats game, the new edition of the Vintage is out and the policy of doors being locked for safety and security in the building and being opened up about 15 minutes prior to an activity.
- b. Alexa shared the flyer about The Moving Wall and encouraged the commission to visit when it is in town.
- c. Commissioner Kapur would like to add the topic of senior hunger and nutrition to the next meeting agenda to discuss.

XII. ADJOURNMENT

- a. The next meeting of the Senior Commission is scheduled to be held at the Maidu Community Center on Wednesday, August 12, 2015 at 2:00pm.
- b. The meeting was adjourned at 3:47pm. Motion to adjourn was made by Commissioner Williams, Seconded by Commissioner Braak. 5 Ayes.

Respectfully Submitted,
Alexa Pritchard