

**Senior Commission Meeting
Maidu Community Center
1550 Maidu Drive, Roseville, CA, 95661**

Wednesday, February 11, 2015

MEETING MINUTES

I. CALL TO ORDER

Commissioner Penny Beingessner called the meeting to order at 2:00pm.

II. ROLL CALL

Present:

Commissioners: Penny Beingessner, Linda Braak, Marlene Cristanelli, Ann Walker,
Jim Williams, Gopal Kapur

Absent: Cheryl Small

Guests: Marc Hicks, Bobbi Knapp

Staff: Roni Garrison

III. PLEDGE OF ALLEGIANCE

Commissioner Jim Williams led the pledge.

IV. INTRODUCTIONS

Commissioner Jim Williams introduced Marc Hicks from Kaiser and Bobbi Knapp.

V. APPROVAL OF MINUTES

November 11, 2014 Meeting Minutes – were approved with the following corrections:

First paragraph under PRESENTATION:

Bobbi Knapp presented to the Commission. Bobbi shared she is on the Board of the nonprofit police Corporation and volunteers as an advocate for seniors. The goal is to collect information and resources and strategize how they can be easily made available. This would enable seniors to make informed decisions regarding the level of support needed that would be right for them.

Motion by Commissioner Williams, Seconded by Commissioner Braak. 6 Ayes.

VI. PRESENTATION

- a. Marc Hicks did a presentation to the Commission about his Chi Fung program that has been eliminated from Kaiser. Marc shared that prior to the cancellation he had over 800 people in the program and 1000 over the last 8 years. Marc would like to bring the program and approximately 40 participants to the Maidu Community Center once a week. Commissioner Williams talked about the walking program and all the benefits he has experienced though the programs led by Marc Hicks. Commissioner Beingessner provided information about the Maidu walking group and the additional social benefits provided by that program.

Commissioner Williams made a recommendation to endorse Marc Hicks in bringing the program to Maidu.

VII. CORRESPONDENCE

- a. None.

VIII. ELECTION OF COMMISSION OFFICERS 2015

- a. Commissioner Cristanelli nominated Penny Beingessner for Chair. Seconded by Commissioner Walker. 5 Ayes.
- b. Commissioner Cristanelli nominated Linda Braak for Vice Chair. Seconded by Chair Beingessner. 5 Ayes.

IX. OLD BUSINESS

- a. Noise Regulation Exemptions. Item was tabled.
- b. Improved Community Awareness/Communication. Chair Beingessner asked each of the Commissioners which networks (community groups) they were involved with that they could present information to regarding seniors, senior programs and activities.
Commissioner Cristanelli – Sons of Italy
Commissioner Kapur – Rotary Club, Center Point Church, Olli teacher at UC Davis
Chair Beingessner suggested that the commission pick one or two upcoming activities or informational items each meeting that they would like to share/promote with the public.

X. NEW BUSINESS

- a. Commission Workshop – Chair Beingessner shared that she would like to have a workshop regarding how to disseminate information to the public, outlining the responsibilities of the commissioners and making meetings every other month. Commissioner Williams state that he felt the Commission addressed very superficial items the last few years. Chair Beingessner asked each Commissioner to come up with 1 reason that the meetings need to be bi-monthly. Reasons given included continuation of work, dissemination of information and to advise the City Council on things that effect the senior population.
Roni Garrison said she would inform Alexa Pritchard the Commission's request to have a Workshop prior to their next scheduled meeting on May 13th, 2015.

XI. ORAL COMMUNICATIONS: PUBLIC/COMMISSION/STAFF

- a. Chair Beingessner shared with the group that they all need to sign California form 700 and take it to the City Clerk's Office
- b. Commissioner Williams mentioned the Care Facility article in the Sacramento Bee written by Marjorie Lindstrom.
- c. Roni Garrison talked about upcoming trips and programs at the Maidu Community Center. She also discussed the new Maidu membership application and program that will be out soon.

XII. ADJOURNMENT

- a. The next meeting of the Senior Commission is scheduled to be held at the Maidu Community Center on Wednesday, May 13, 2015 at 2:00pm.
- b. The meeting was adjourned at 3:20pm. Motion to adjourn was made by Commissioner Williams, Seconded by Commissioner Braak. 6 Ayes.

Respectfully Submitted,
Roni Garrison