

### Crime Prevention News Bulletin

Back-to-School Safety

Roseville Police Department Community Services Division

www.roseville.ca.us/police

Vol 10, Issue 6

## **Police Department Community Services**

#### Community Services Supervisor Sgt. Karl Dyer (916) 774-5052

#### Crime Prevention Rob Baquera (916) 774-5057

#### Alarms/Alarm Permits Charlene Accooe (916) 774-5093

# Community Events & Neighborhood Watch (916) 774-5050

### **Animal Control** (916)774-5090

### **Graffiti Abatement** (916) 746-1021

#### Abandoned Vehicle Hotline (916) 746-1022

#### **Our Partners**

Roseville Crime Stoppers www.rsvlcrimestoppers.org (916) 783-STOP

Roseville Coalition of Neighborhood Associations (RCONA) www.RCONA.org

Roseville Police Activities League (RPAL) www.rosevillepal.org (916) 772-7725

Project Lifesaver Tracking for wandering children and seniors (916) 746-1077

#### School's Back In Session

When parents talk about school safety these days, they're usually referring to the surge in violence at schools. But research shows that school-age children are actually nine times more likely to sustain an unintentional injury -- whether on the playground or in school -- than to be the victim of violence while at school. In fact, an estimated 2.2 million children ages 14 and under are injured in school-related accidents each year, according to the National SAFE KIDS Campaign.



Accidents can be prevented if parents are on the lookout for potential hazards. To help you keep your kids free from harm, here are some safety tips from Reader's Digest, SAFE KIDS, the Consumer Product Safety Commission, and the American Academy of Pediatrics.

#### Tips for Safe Traveling to and from School

- Plan a walking route to school or the bus stop. Choose the most direct way with the fewest street crossings and, if possible, with intersections that have crossing guards.
- Walk the route with your child beforehand. Tell him or her to stay away from parks, vacant lots, fields and other places where there aren't many people around.
- Teach your child never to talk to strangers or accept rides or gifts from strangers. Remember, a stranger is anyone you or your children don't know well or don't trust.
- Be sure your child walks to and from school with a sibling, friend, or neighbor.
- Teach your kids -- whether walking, biking, or riding the bus to school -- to obey all traffic signals, signs and traffic officers. Remind them to be extra careful in bad weather.
- When driving kids, deliver and pick them up as close to the school as possible. Don't leave until they are in the schoolyard or building.
- If your child bikes to school, make sure he/she wears a helmet that meets one of the safety standards (U.S. CPSC or Snell). Research indicates that a helmet can reduce the risk of head injury by up to 85 percent.
- If your child rides a scooter to school, make sure he/she wears sturdy shoes, a helmet, kneepads and elbow pads. Children under age 12 should not ride motorized scooters, according to recent recommendations from the Consumer Product Safety Commission.
- Teach children to arrive at the bus stop early, stay out of the street, wait for the bus to come to a complete stop before approaching the street, watch for cars and avoid the driver's blind spot.
- Remind your children to stay seated at all times and keep their heads and arms inside the
  bus while riding. When exiting the bus, children should wait until the bus comes to a complete stop, exit from the front using the handrail to avoid falls and cross the street at least
  10 feet (or 10 giant steps) in front of the bus.
- Tell your child not to bend down in front of the bus to tie shoes or pick up objects, as the driver may not see him before starting to move.

### Crime Prevention News Bulletin - College Safety

#### Hey Mom and Dad, I'm off to college!

Walk into any bedding or bath store this August and you'll notice the store buzzing with soon-to-be college students and their parents shopping for fun furnishings and necessities for the college dorm room. It's an exciting time! With so much anticipation, however, it's easy to overlook some serious issues.

Campus life brings a sense of independence. This includes determining class schedules, participating in social events and new organizations, jobs for some and meeting lots of new people! Caught up in the



fervor of so much activity, sometimes parents and students forget about personal safety. Several campus safety issues deserve your attention and discussion with college-bound children. They include:

- High-risk drinking
- Illegal drug use
- Prescription drug abuse
- Sexual assault

- Stalking
- Relationship violence
- Hate crimes
- Fire or other emergency safety plans



#### Simple Tips to Stay Safe at College

Although there are many common-sense things that students can do, here are a few safety tips worth observing:

- Be aware of your surroundings; notice people around you; check safety exit routes from an event or building
- Walk with another person after dark; use well-lit and populated routes
- Trust your instincts, especially if you feel something is "not right"
- Be cautious about what you post on the internet, especially on social network sites
- Don't leave campus building doors propped open—you can grant access to unauthorized persons
- Don't accept drinks from strangers; they might be contaminated with a drug
- Try to avoid being alone on campus in isolated areas like basements, laundry rooms or lounge areas
- If you see someone in danger, call 911; don't engage another person who might have a weapon
- When you leave your dorm or apartment, make sure all doors and windows are locked
- Don't carry large sums of money; keep only a few dollar bills in a purse or wallet. Keep credit cards, currency, driver's license and keys in an inside zipped pocket in your clothing
- Keep an eye out for anyone who is loitering; be especially alert when approaching your car as you walk up to it
- Carry a personal alarm or whistle that makes a loud noise if you need it, be specific when shouting for help
- When you return to your dorm, be aware when you hang around the entrance talking with others.
- When you go out, tell someone where you are going and when you will be back

